

Grief Support Services

Grief services are available free of charge to anyone in the community who has experienced the death or are anticipating the death of a family member or friend. We also offer education, training & support to businesses and schools.



Adult Grief Support

Individual, couples and family grief counseling provided by licensed counselors, interns or trained grief support volunteers.



Children, Teen & Family Support

Grief Counseling & Play Therapy Grief Groups Special Events

Grief education is also available for mental health professionals, groups, schools & families.



Circle of Support: Drop-in Grief Group

A grief group for adults who have experienced the loss of a loved one. Offered in Santa Rosa and Petaluma twice per month.



Eight-Week Adult Grief Support Groups

Offered day and evening. Pre-group interview and registration required. Offered in Winter, Spring and Fall; subject to availability.

General Loss

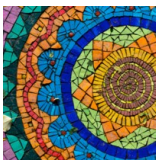
Spouse/Partner Loss

Child Loss



Latino Services (Servicios para Latinos)

Services provided in Spanish for individual adults, children, teens, families & couples. Groups subject to availability.



Senior Care Program

Individual and group grief support provided for adults 65+ who are homebound or living in skilled nursing or residential care facilities.

Workshops & Events (see reverse & call or check website for details)

PETALUMA
Hospice of Petaluma
416 Payran Street
(707) 778-6242

SANTA ROSA
Memorial Hospice
439 College Avenue
(707) 568-1094

HEALDSBURG
North County Hospice
205 East Street
(707) 431-1135

Grief Events

Still My Person

A yearly, outdoor fair for children, teens & their families to honor and remember someone who has died. Held each year in May at Hospice of Petaluma. **Registration required.**

Journey Through Grief

A monthly hiking group for adults in their 20's & 30's. Offered on the Second Saturday of the month at a different location throughout Sonoma County.

Día de los Muertos/ Day of the Dead

Traditional Mexican and Latin American ceremony of remembrance and honoring of our relatives and friends who have died. Held each year on November 2nd at Memorial Hospice.

Holiday Blues

A drop-in group offered in November and December for those who would like additional support through the holidays.

Light up a Life

Annual community celebration to honor cherished memories. Started in Sonoma County in 1985, this event is offered in Petaluma, Santa Rosa and Healdsburg.

Grief Workshops

Pre-interview required for all workshops.

Please call any of our three locations to schedule and for more information.

Beyond Words

A daylong workshop exploring grief through art.

Continuing the Relationship

For parents who have experienced the death of a child. Offered annually in February. Completion of group or individual counseling required.

Beginning Again

Workshop for individuals who have experienced spouse/partner loss. Completion of eight-week group highly encouraged.

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www.sonomacountyhospice.org

Our grief services are free of charge. Donations welcomed.