

Wednesdays at Hospice

2017 Education Series

Food for your Mind, Body & Spirit

*Discover how Flower Essences can naturally restore
emotional and mental balance...*

“Strengthen Your Resolve in 2017”

Presented by Shirley C. Gillotti, RN, MS, BFRP

Hospice of Petaluma

416 Payran Street, Petaluma

January 11, 2017

5:30 p.m. — 7:30 p.m.

Memorial Hospice

439 College Avenue, Santa Rosa

January 18, 2017

5:30 p.m. — 7:30 p.m.

Director of Hospice of Petaluma during its early inception from 1979 - 1985, hospice work shaped her professional life in profound ways. Currently as founder of The Center for Inner Health and Stillness in Santa Rosa, Shirley teaches meditation, medical qigong and offers Flower Essence Therapy.

Explore how Flower Essences serve health and well-being, providing motivation for a successful and positive new year.

Coming in February: “Haunted Sonoma County”, Tom Wyrsh, Documentary Producer and Filmmaker.

Light refreshments will be provided by Whole Foods 

This free program is one of the ways Hospice Services of St. Joseph Health thanks our community for the incredible support we have received throughout the years.

For more information:
(707) 778-6242 or (707) 568-1094
www.SonomaCountyHospice.org