

2015 Wednesdays at the Hospice House

Education Series

Hospice of Petaluma (HOP), 416 Payran St., Petaluma / Memorial Hospice (MH), 439 College Ave., Santa Rosa

- 1/14 HOP 7-9 pm ***“When Someone Dies,”* Scott Taylor Smith**
1/21 MH 5-7 pm **Lawyer, Venture Capitalist & Author**
Practical guidance, from personal and professional experience, that can save both time and money surrounding the death of a loved one.
- 2/11 HOP 7-9 pm ***“Who Am I Really? Living Fully...Beyond Death,”* Albert DeSilver**
2/18 MH 5-7 pm **Poet Laureate, Author, and Owner of Visiting Angels Premier Senior Homecare**
If you had no fear of death, how would you be different? How can writing help to access living in the present moment?
- 3/11 HOP 7-9 pm ***“Making Your Mind Magnificent,”* Steven Campbell**
3/18 MH 5-7 pm **Speaker, Author and Radio Host**
Neurological research reveals how our brain learns, believing everything we tell it. Learn tangible ways to change negative “self-talk.”
- 4/8 HOP 7-9 pm ***“My Care, My Plan: Speak Up Sonoma County”***
4/15 MH 5-7 pm **Advance Care Planning with Sonoma County Third Act Players**
Vignettes, information and resources about how to talk about the kind of care we and our loved ones want—before a crisis occurs.
- 5/13 HOP 7-9 pm ***“Death On Our Own Terms,”* Dr. Gary Johanson**
5/20 MH 5-7 pm **St. Joseph Medical Director Palliative Care & Hospice**
Palliative care and hospice care can offer all of us options to address suffering and achieve a dignified death while remaining close to home.
- 6/10 HOP 7-9 pm ***“Wings of Glory Community Gospel Choir,”* led by Director Adam Ivey**
6/17 MH 5-7 pm **Uplifting and enriching for all, the choir sings in the joyful style of Black Gospel music, performing concerts throughout Sonoma County.**

Memorial Hospice
439 College Avenue
Santa Rosa, CA 95401

*Back by popular demand!
Food for your mind, body, spirit*

Hospice Services  SM
St. Joseph Health

Hospice of Petaluma . Memorial Hospice . North County Hospice
www.SonomaCountyHospice.org

Free Community Education Series. No Reservations Required.
Refreshments provided by  Whole Foods Market